MALAYSIA MARATHON 2026

42.195KM

# CERTIFICATE OF ACHIEVEMENT

*This certificate is awarded to*

Name:

JIFREE PULOK

Bib No: 41731

Category: 42KM Malaysian Men Veteran

*for successfully completing the*

## MALAYSIA MARATHON

### RANKING

| Distance (Overall) | Gender (Overall) | Category |
|---|---|---|
| 294/1374 | 271/1185 | 89/375 |

### FINISH TIME

| Gun Time | Chip Time | Speed | Pace |
|---|---|---|---|
| 5:03:25 | 4:57:41 | 8.5 | 6:58 |

### SPLIT TIME

| KM2.0 | KM3.3 | KM5.0 | KM13.0 | KM22.0 | KM24.0 | KM42.0 |
|---|---|---|---|---|---|---|
| 10:58 | 17:21 | 28:34 | 1:20:23 | 2:22:26 | 2:36:44 | 4:53:38 |

YB DATO SRI TIONG KING SING
*MINISTER OF TOURISM, ARTS AND CULTURE IN MALAYSIA*

Visit Malaysia 2026-2027 Truly Asia

TOURISM MALAYSIA

AIMS